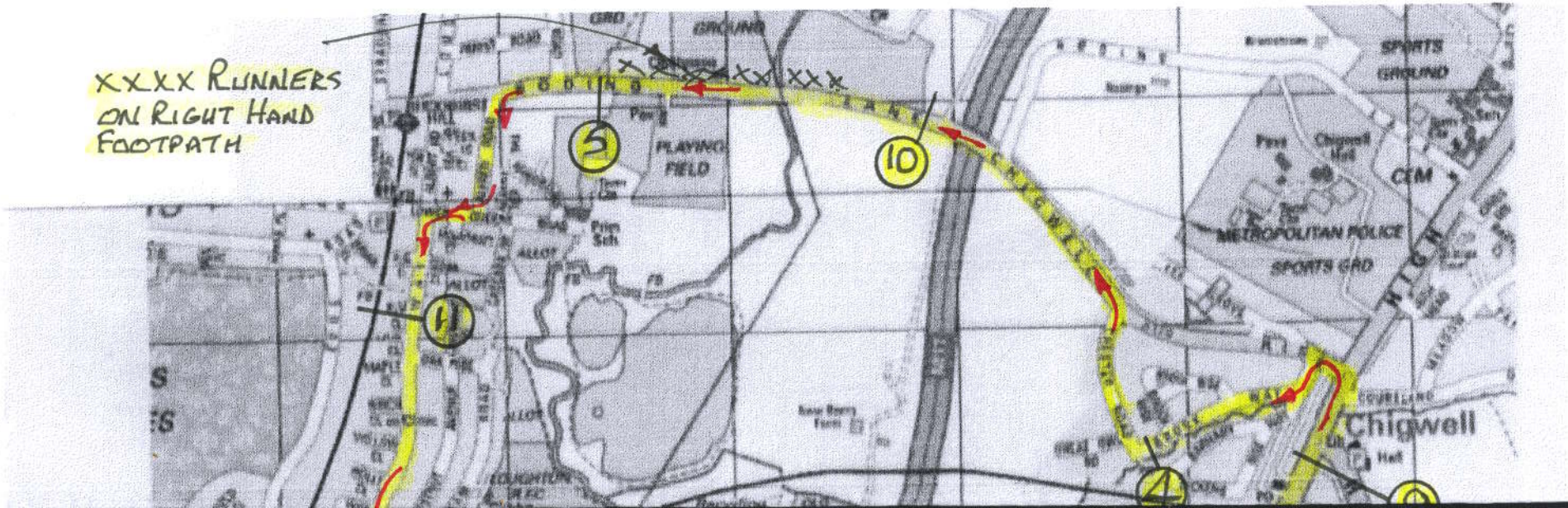
RODING VALLEY HALF MARATHON

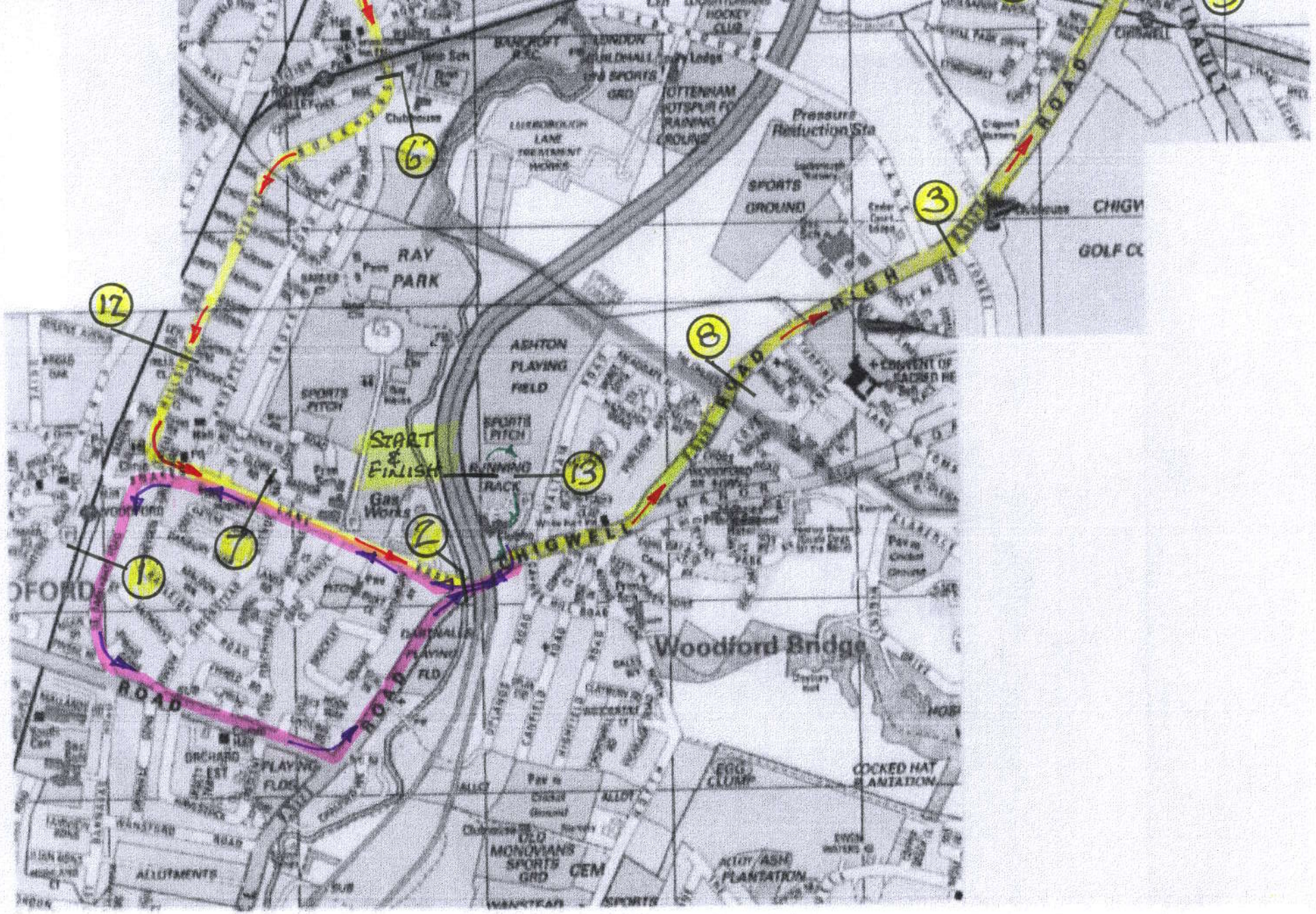
COURSE MAP

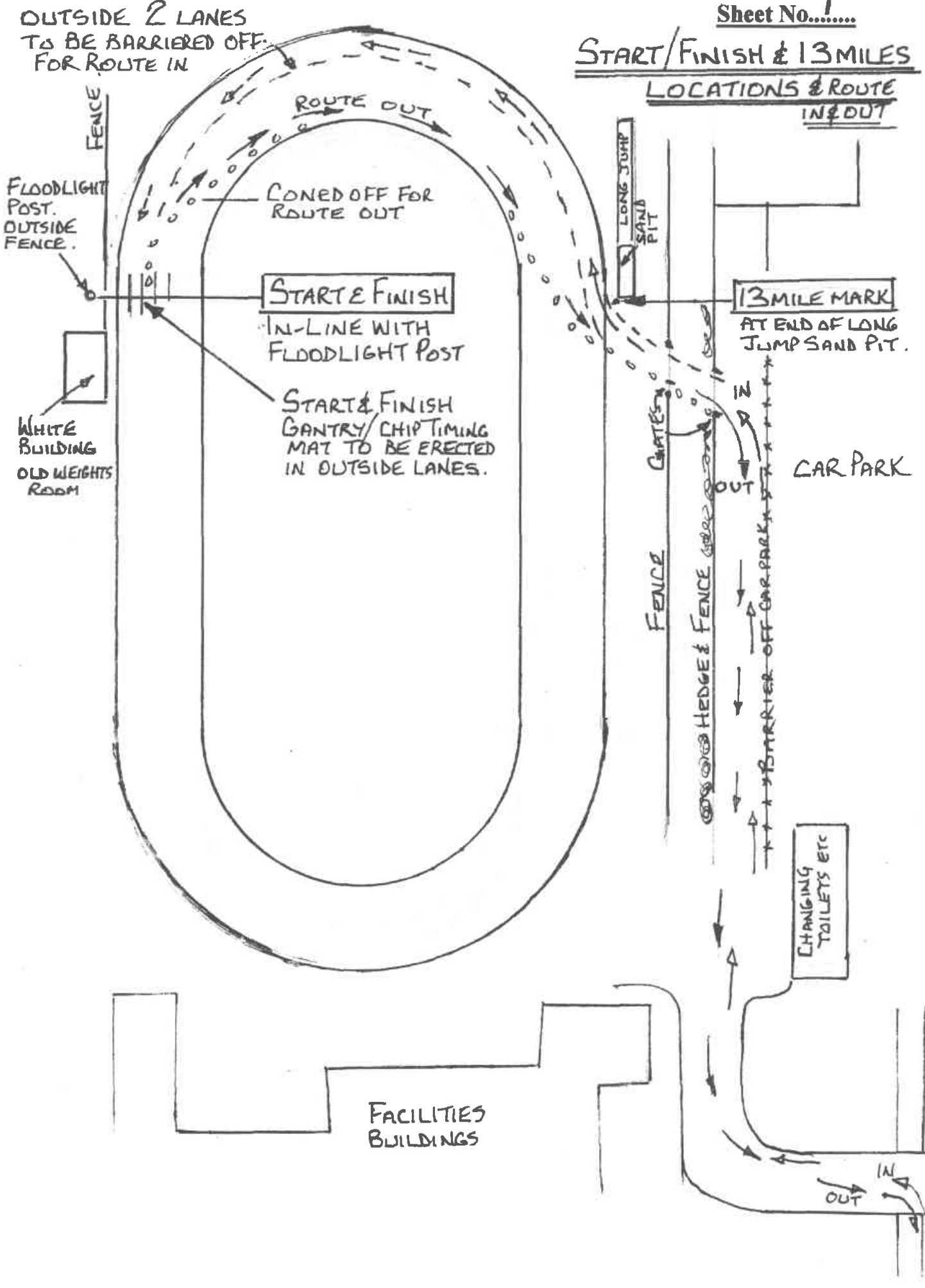
Route and direction—Small Lap

Route and direction—Big Lap (twice)

Mile Locations




START & FINISH
1
2
3
6
7
8
12
13
RAY PARK
ASHTON PLAYING FIELD
SPORTS GROUND
Pressure Reduction Sta
Woodford Bridge
CHIGWELL
ROAD
COCKED HAT PLANTATION
OLD MONOVIANS SPORTS GRD
CEM
ALLOTMENTS
PLAYING FLDS
Gas Works
RACE

Roding Valley Half Marathon

Sheet No.....1.....