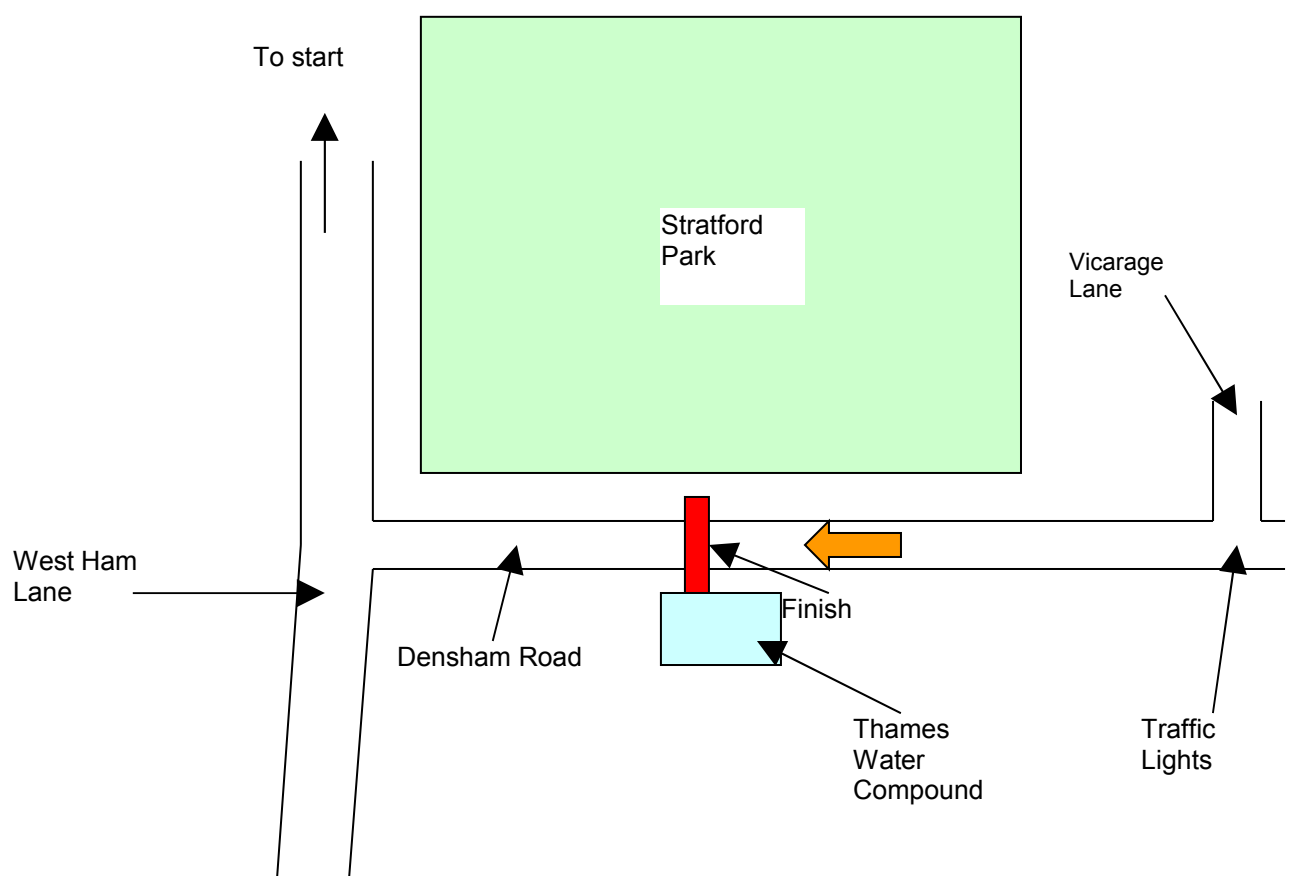
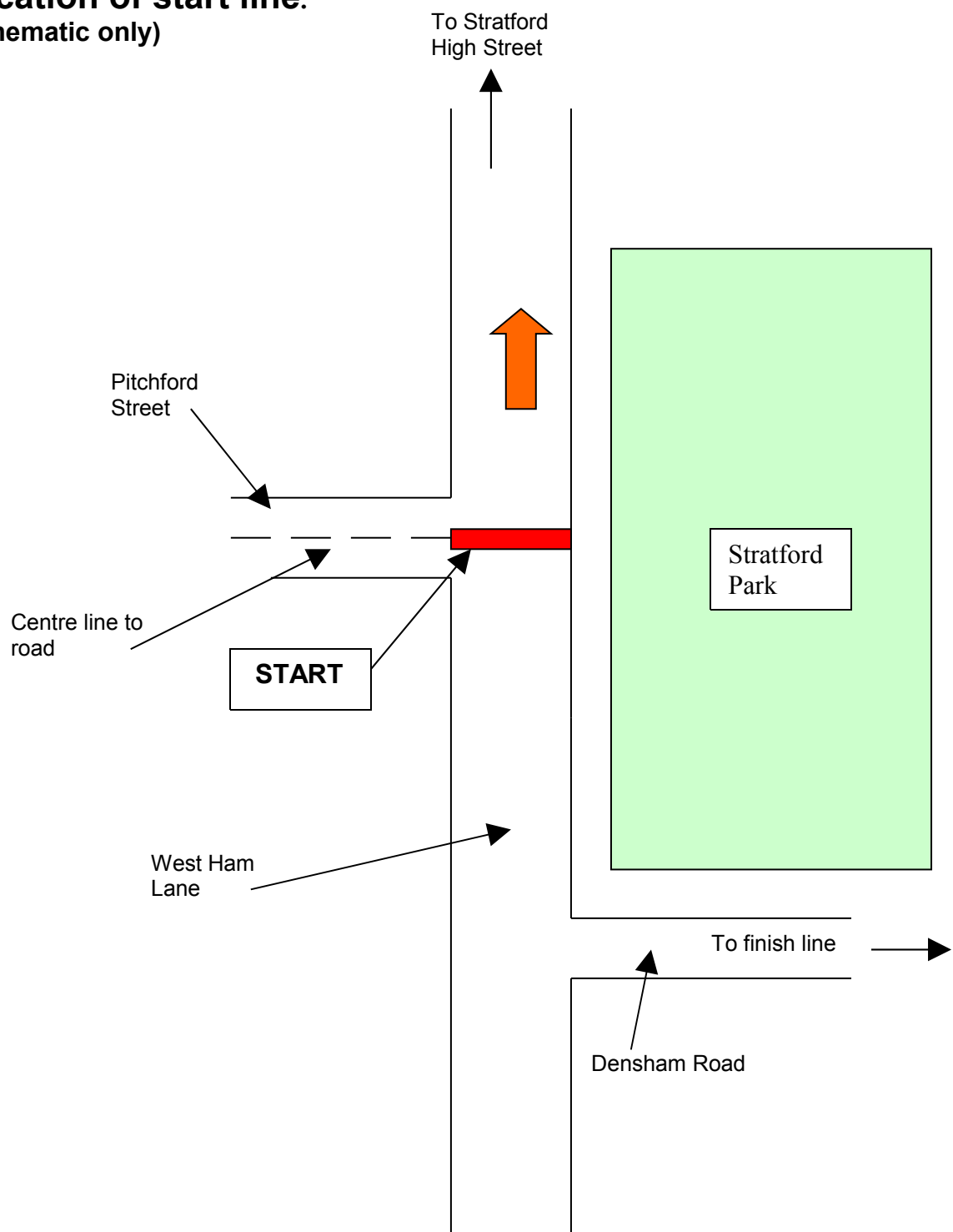


Location of finish line (schematic only)



Location of start line.
(schematic only)

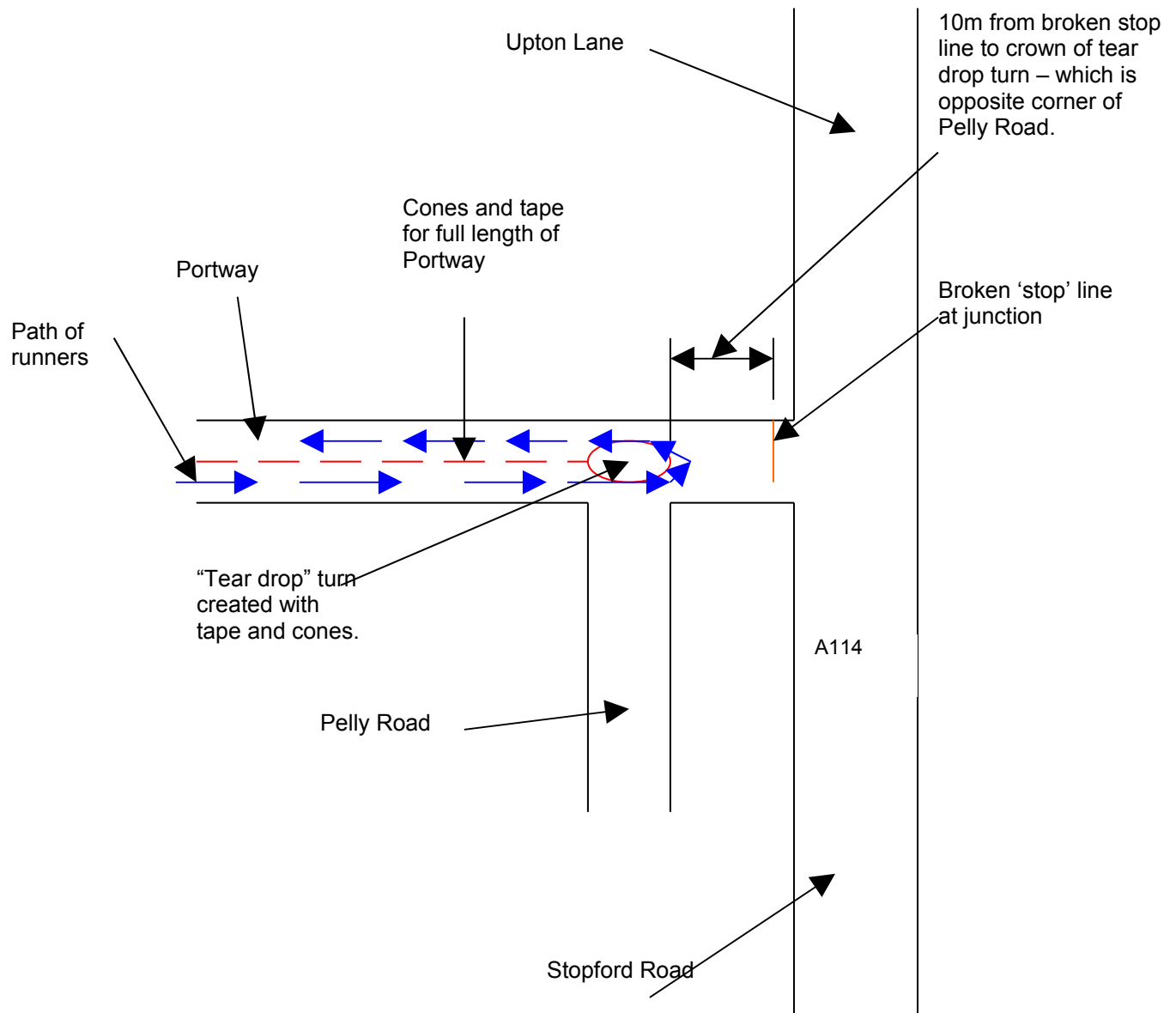


Newham London Run.

Detail of turn round point at Junction of Portway with
Upton Lane/Stopford Road:

(i.e. between 7kms and 8kms)

Not to scale – schematic only.

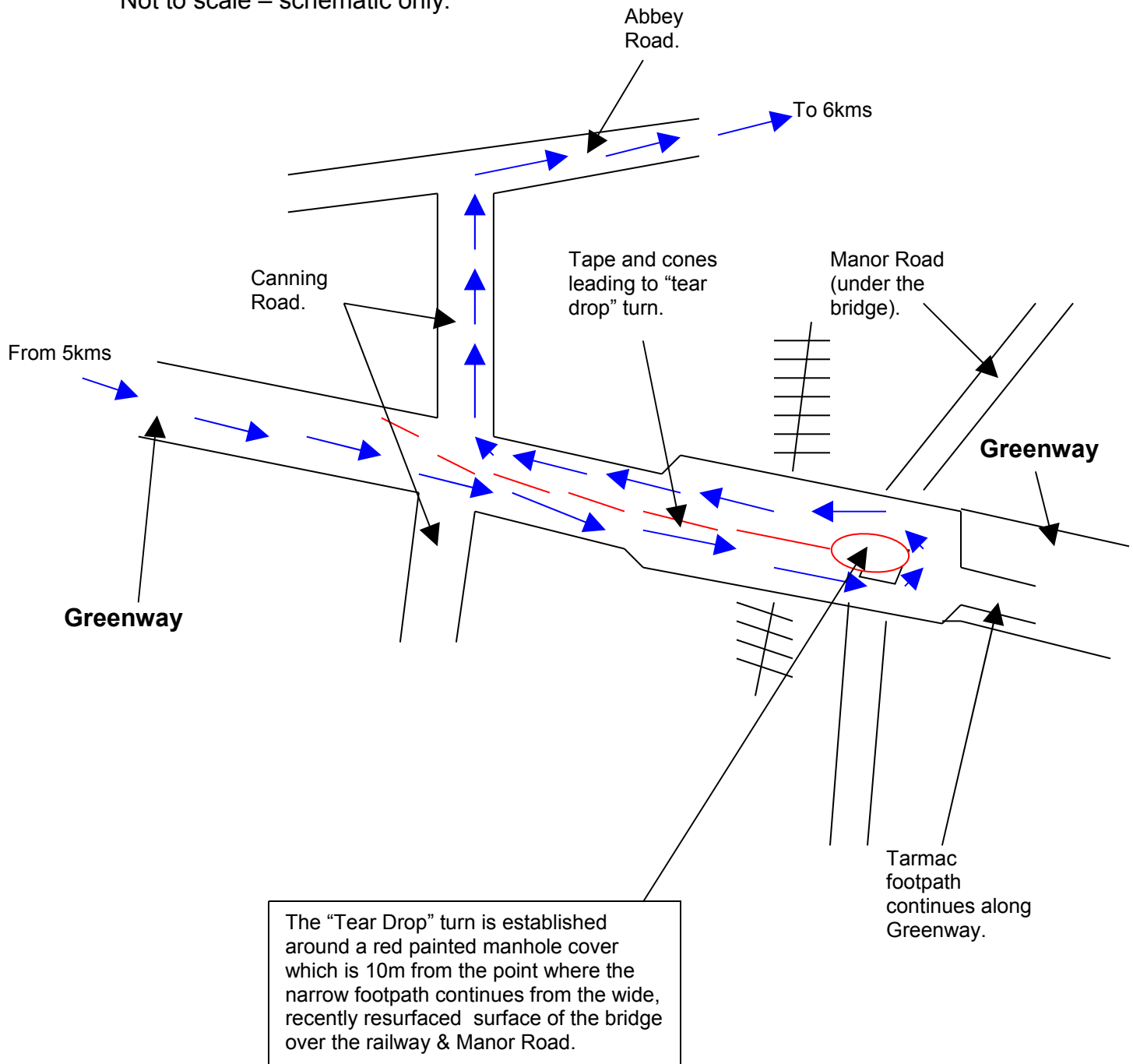


Newham London Run.

Detail of turn round point on the 'Greenway' on resurfaced bridge over railway after the route crosses Canning Road.

(i.e. between 5kms and 6kms)

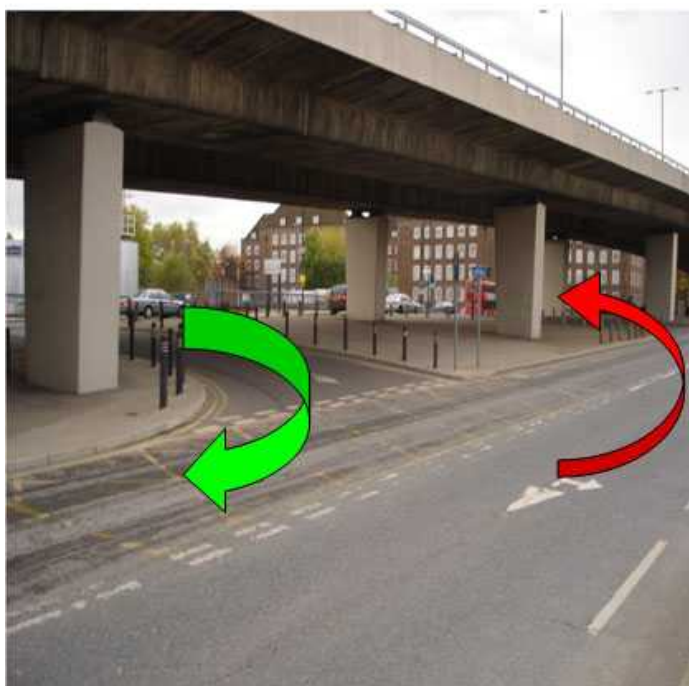
Not to scale – schematic only.





Right turn at 1st gap of central reservation on outward run.

This location is approaching 2kms on the "outward run".



Right turn out of 1st gap in central reservation on outward run (Green arrow)

Left turn at 2nd gap of central reservation on return run (Red arrow) - this location is between 3kms and 4kms on the return run.

Newham London Run.

Schematic representation of route junctions under Bow Flyover on previous page

Not to scale – schematic only.

